GLAMORGAN SCHOOL - CANTEEN MENU
WEDNESDAY, THURSDAY, FRIDAY ONLY

Healthy Eating – Healthy Action (HEHA)

COMBOS - $5.50

All combos WILL include Fruit item and one item from each group subject to availability

GROUP 1 MEALS	
A.	Ham & Cheese Toasted Sandwich
B.	Hotdog (frankfurter in a bun)
C.	Pizza – Hawaiian or Italiano
D.	Mince or Potato Top Pie

GROUP 2 SNACK ITEMS
Popcorn
Vege Chips
Cookie

GROUP 3 DRINKS
Bottled Water
Flavoured Milk
Juice

SUSHI WEDNESDAY (available on Wednesdays only)

Snack Pack (5 piece with soy): Chicken / Tuna / Vegetarian or combination	$4.50

HOT FOOD	
Hotdog (Frankfurter in a bun with sauce)	$2.50
Macaroni Cheese	$3.50
Quiche: Tomato (vegetarian) or Bacon	$2.50
Small Pie: Mince & Cheese or Chicken	$2.00
Large Pie: Mince or Potato Top Pie	$2.50
Pizza: Hawaiian or Italiano (Spaghetti & Cheese)	$2.50
Hot Noodles: Chicken, Beef, Spicy	$2.50
Nachos: Corn chips, cheese and sauce	$3.00
Garlic roll	$1.00
Sausage Roll	$1.50
Chicken Nuggets (6) with sauce	$3.00
Potato Wedges with sauce	$3.00

FROZEN		
Go-Gurt Yogurt Tubes		$1.20
Joosicles – assorted flavours		$1.20
Moojoos: (Milk freeze) Chocolate or Strawberry		$1.50
DRINKS		
Mineral Water	350ml	$1.50
Calci-Yum Chocolate or Strawberry Milk		$1.80
Assorted Juice		$1.50
COLD FOOD		
Salad Wrap		$3.00
Ham Salad Wrap		$3.50
Sandwiches: Ham, Cheese, Egg	1 filling	$2.00
	2 fillings	$2.50
Egg & Salad Sandwich		$3.00

AVAILABLE FOR PURCHASE AT MORNING TEA

SNACKS	
Mini Choc Chip Cookies	3 for 50c
Vege Chips (Sml)	50c
Assorted Cookies	$1.00
Popcorn	$1.00
Potato Sticks	$1.00
Fruit Strings/Nuggets/Hitz	$1.00
Rice Wheels	$1.00
Chocolate Muffin	$1.00
Potato Chips (Lge)	$1.50
Vege Chips (Lge)	$1.50

FROZEN		
Moojoos: (Milk freeze) Chocolate or Strawberry		$1.50
Joosicles – assorted flavours	100ml	$1.20
Go-Gurt Yoghurt Tubes		$1.20
DRINKS		
Mineral Water	350ml	$1.50
Calci-Yum Milk – Chocolate or Strawberry		$1.80
Assorted Juice		$1.50

All pies, hot dogs and nuggets are made in New Zealand and have the Government Healthy Tick.
If paying by chq please make payable to Deejays Limited. Children are unable to take out from their lunch order at morning tea time – they will need to have cash to purchase said items.