

While house-bound use this opportunity to engage in practical learning experiences around the home.

Ideas include:

- Bake or cook with your child. To further extend them, ask them questions about doubling and halving recipes.
- Practice telling the time and ask time based questions (i.e. "If it's 11:00 now and we are going to eat lunch at 12:30, how long until we eat?")
- Ask children to set the table. Younger students may practise counting all of the plates, utensils, etc. Encourage older students to use multiplicative thinking (i.e. if there are 4 spoons, 4 knives and 4 forks =  $3 \times 4 \dots 3$  groups of 4).
- Find symmetry in nature (butterflies in the garden, leaves). Draw symmetrical shapes and/or identify shapes that are symmetrical and not symmetrical.
- Read to and with your child. Ask them questions about what they have read.
- Play board games.
- Write a letter to neighbours and relatives.
- Engage in sensory experiences around the home (even if just for a brief moment). What sounds can you hear? What can you smell? Describe how the grass feels under your feet. Take the time to just "stop and smell the roses."
- Encourage children to create their own games, books, works of art, songs, etc.
- Give your children mini fitness challenges (i.e. how many star jumps can you do in 1 minute). Move like a \_\_\_\_\_ (insert various animals).
- Garden or take the time to explore mother nature in your own back yard.

The options are truly endless.

<https://www.washingtonpost.com/lifestyle/2020/03/24/talking-kids-coronavirus/>